October 2026

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THUNDER NEWS

BLESSED SACRAMENT CATHOLIC SCHOOL

SPECIAL HALLOWEEN EDITION



Halloween started when Western Christians celebrated All Saints' Eve.

Spooky Season

Nowadays, Halloween is celebrated by trick-or-treating, scary costumes, and parties, but it actually used to be very religious. People from Ireland and Scotland celebrated the end of their harvest with traditions that you see even today. When those people immigrated to what is now Canada and the United States, they brought those traditions with them and shared them with the other immigrants.

The holiday changed from religious to scary because of 19th-century folklore and 20th-century horror movies. Did you know? The Irish used to carve scary faces into potatoes and turnips instead of pumpkins.

Top 6 Halloween Movies!









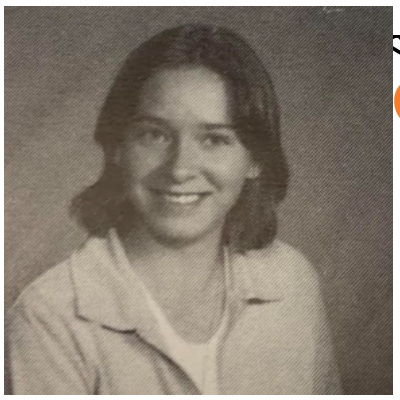
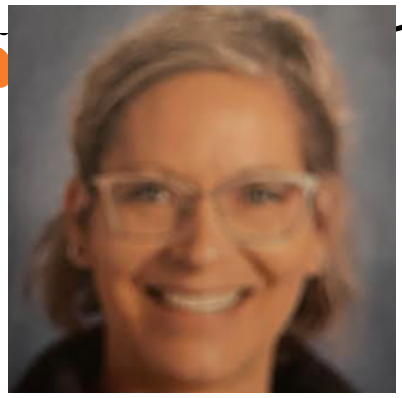
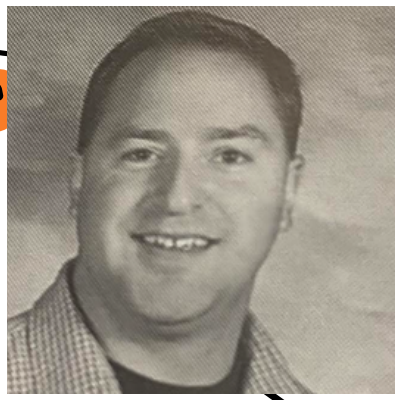




By Eli and Frank

Teachers: Then and Now

By Caylie, Maria and Zander

	In the past		2026
Mrs. MacLure		VS	
Mr. Kohle		VS	
Mr. Gau		VS	

Kids' Corner

answers will be at the bottom of the page!

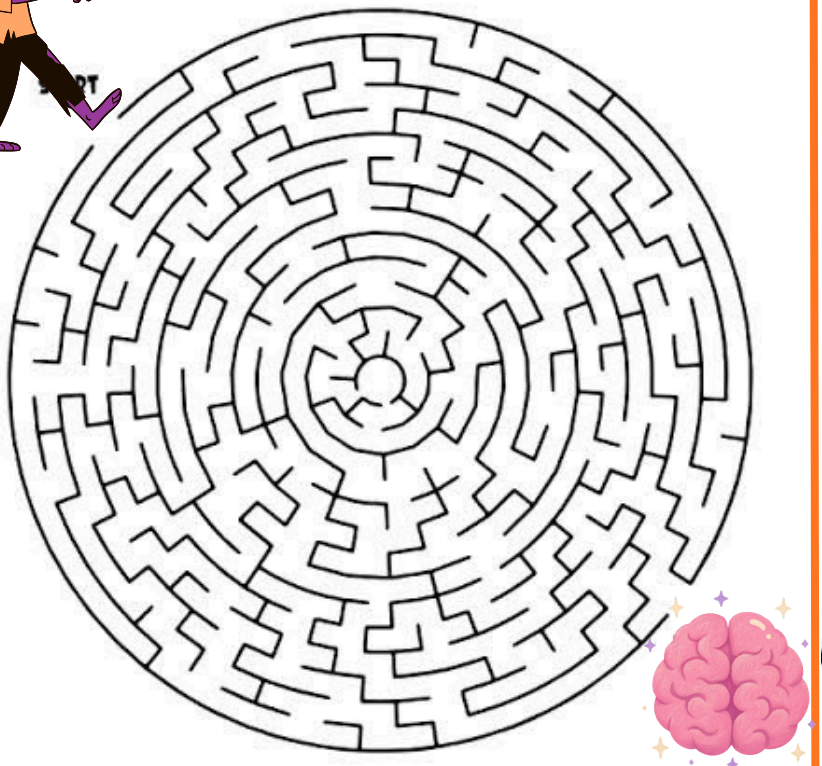
Riddle Rally

1. What has 13 hearts but no organs?
2. How do you make a skeleton laugh?
3. What is a ghosts favourite fruit?



Help the zombie reach the brain





Fun Fact

1. The first pumpkin carved in Canada was in Kingston, Ontario in 1866.





1.a deck of cards,2.tickle his funny bone,Boo-beries

By Kendal Giard, Layla Creasy

Option class of the week

Athletic Pursuits

Athletic Pursuits is known as “AP”. It pursues different types of athletics and gives students a chance to experience different types of sports and games. Ultimately, athletic pursuits is more than a fitness class. It brings together a community built for those who love being part of a team, learning new things, and staying active. Many students tend to love this option class because not only are you surrounded by the people you know, but you also get to try new things and discover new hobbies!



Speedball



Ultimate Capture the Flag



Foxtail





Volleyball









The students



by Royce, Eli, Frank

Mr. Cornew's Favourite Recipe-

Bunny Chow

Mr. Cornew's favourite recipe is a Durban curry called Bunny Chow. This is a very popular South African street food. This meal is a hollowed out loaf of bread filled with delicious spicy curry.

Ingredients:

⅓ cup of cooking oil
1 medium green chili
1 cinnamon stick
2 star anise
2 black cardamom pods
2 cloves
1 tsp of cumin seeds
1 dry or fresh bay leaf
2 large white onion, sliced
2 tsp of diced or paste fresh garlic
2 tsp of diced or paste fresh ginger
1 fresh or dried sprig curry leaves
2 tsp of masala
2 tsp of garam masala
1 tsp of turmeric powder
1 tsp ground fennel
2 tsp of salt
1.5 kg of lamb or mutton bone
4 large Roma tomatoes, peeled and grated.
4 large peeled and quartered potatoes
¼ cup fresh coriander leaves
2 loaves of white bread

Sambal:

1 peeled and grated medium carrot
⅓ cup diced cucumber
2 medium diced tomatoes
1 peeled and diced onion





Cooking Instructions:

- Heat a large saucepan or dutch oven to medium-high. Add oil, chili, cinnamon, star anise, black cardamom, cloves, cumin seeds, and a bay leaf. (Optional: You can add the curry leaves now for extra flavour.)
- Add onions and stir till golden brown, around 5 minutes.
- Turn to medium heat and add masala, garam masala, turmeric, ground fennel, cumin seeds, salt, garlic, ginger, and curry leaves. Put a dash of water to prevent the ingredients from burning. Saute for 1 minute.
- Reduce heat to medium-low, add the lamb. Make sure that the lamb is coated in all the spices. Then add grated tomatoes, stir and cover. Cook it for 30-40 minutes or until the meat starts to soften and pull away the bone. Stirring occasionally.
- Add potatoes and 2 ½ cups of warm water. Cook uncovered for 40–60 minutes or until the potatoes and meat are tender.
- Meanwhile prepare the sambal by mixing all the chopped ingredients together.
- Add additional salt, only if needed. And freshly chopped coriander.
- Cut each loaf in half and hollow out the centre of each half, leaving a sturdy base. Serve with sambal on the side. And remember, no cutlery allowed!



By Chase and Michael

TV Show Review

Demon Slayer

Demon Slayer follows a hardworking young boy named Tanjiro. He lives with his family and is very hard working. One day, he goes down the mountain to the village and by the time he's done helping it's night, so he stays at a friend's house. When he wakes up the next day, he heads up the mountain.





I don't want to spoil it so you should go watch it today!

We would rate this show an 8.5/10

Reviewers' recommendation. is 12 and up.

By: Zachary Salvador

Champions League

The Champions League has finally started! Every year after the World Cup there's always going to be a new exciting sports event for soccer!

October brought plenty of goals in the UEFA Champions League, where some of Europe's top soccer clubs compete each season.
On October 13, FC Barcelona beat Galatasaray 4–1. The next day, Liverpool and LASK scored nine goals between them, with Liverpool winning 6–3.
A week after Barcelona's big win, the Spanish club was on the other side of a high-scoring game. Paris Saint-Germain (PSG) beat Barcelona 4–2 on October 20.

Best players in the Champions League right now

Bradley Barcola and Lamine Yamal both stood out in October's Champions League action. Barcola scored a hat-trick for Liverpool in their 6–3 win over LASK on October 14. A day earlier, Yamal helped FC Barcelona beat Galatasaray 4–1, earning a 9.2 out of 10 rating and Player of the Match honours from Canlı Skorlar.



UEFA CHAMPIONS LEAGUE®

Games

- Galatasaray 1–4 FC Barcelona
- Atlético Madrid 2–0 Manchester United
- RC Lens 0–2 Sporting CP
- Sabah FK 2–0 Slavia Praha
- Arsenal 3–0 Lille
- Bayern Munich 3–3 Viking
- Villarreal 3–1 Napoli

Comeback of the League

Real Madrid won against Real Betis. Real Betis was winning 3-1, until the last 10 minutes, Real madrid came back and scored 3 goals making them win 4-3. Fans were extremely shocked after what Real Madrid pulled off.

University Fair

















The post-secondary fair welcomed 8 institutions, including the University of Saskatchewan, the University of Calgary, Lakeland College, and Red Deer Polytechnic. Students from three East Central Catholic high schools—Blessed Sacrament School, St. Thomas Aquinas School, and St. Jerome's School—attended the event. Overall, approximately 300 high school students participated in the fair to explore their post-secondary education opportunities.

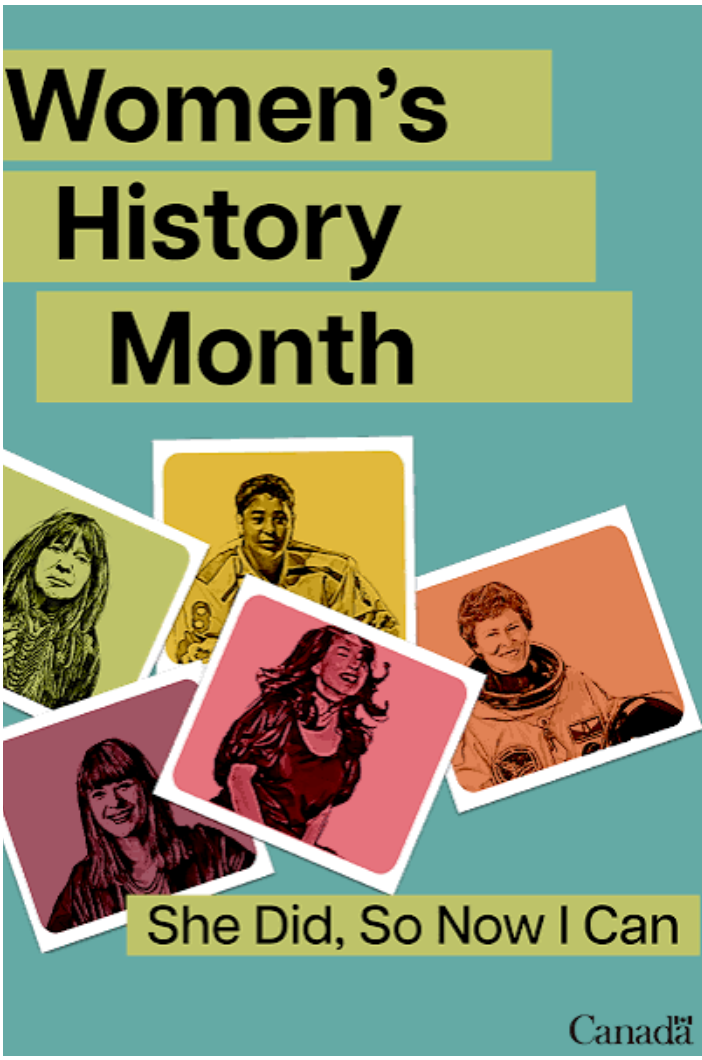
by Nathan and Janaiah

Women's History Month in Canada



Students from three East Central Catholic high schools attended the event. They represented Blessed Sacrament School, St. Thomas Aquinas School, and St. Jerome's School.

Women's History Month in Canada reminds us that many of the rights and opportunities we have today were secured by generations of women who challenged expectations and worked for change. Their achievements deserve recognition, and their stories deserve to be remembered. The month also invites us to consider what we can do to ensure that every woman and girl has the opportunity to reach her full potential, whatever her background or circumstances. We can start by learning about the women who came before us, celebrating those making a difference today, and encouraging the girls who will lead tomorrow.



By Dominique

Global Diversity Awareness

Global Diversity Awareness Month





https://doingmoretoday.com/see-the-good/ecards/category/global-diversity-awareness-

Did you know that October is Global Diversity Awareness Month? It is a special time celebrated all around the world to honour the unique cultures, traditions, backgrounds, and perspectives that make our global community so amazing. Just like a beautiful mosaic is made of many different coloured tiles, our world is made better and more intersting by all our differences.

Diversity is a big word, but it simply means variety. Think about your favourite foods, music, or video games. If everyone liked the exact same things, wore the same clothes, and thought the same way, life would be pretty boring! In our school and communities, diversity includes many things we can see, like our heritage, skin colour, and age. But it also includes things we cannot see, like the languages we speak at home, our family traditions, how we learn, and our personal life experiences.

Learning about people who are different from us is like opening a door to a whole new world. When we listen to stories from classmates with different backgrounds, we start to see things from a new perspective. This builds empathy, which is the ability to understand and share the feelings of others. Plus, when we work in groups with people who think differently than we do, we usually come up with the coolest and most creative ideas.

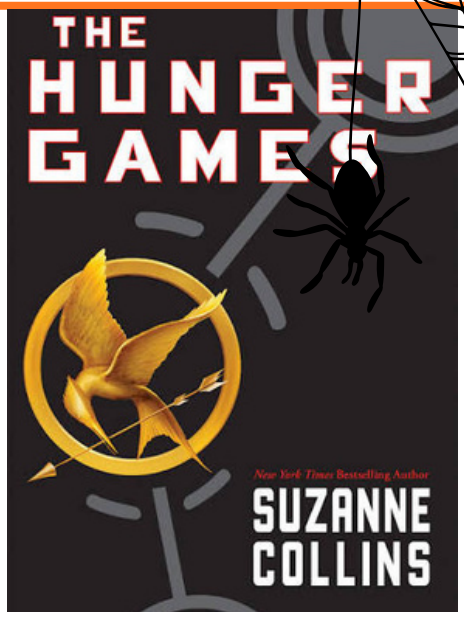
Global Diversity Awareness Month reminds us that we do not have to be exactly alike to be a team. By celebrating what makes each of us unique, we can make our school a kinder, more welcoming place where everyone feels like they belong.

By Joe Carrier

Book Review

The Hunger Games





The Hunger Games by Suzanne Collins is a young adult dystopian novel about sixteen-year-old Katniss Everdeen, who lives in District 12. When her younger sister, Prim, is chosen to compete in the annual Hunger Games, Katniss volunteers to take her place.

The Hunger Games is a televised competition in which 24 young people between the ages of 12 and 18 are forced to fight until only one survives. Each district sends two contestants, one boy and one girl. Katniss is joined by Peeta Mellark, the boy chosen to represent District 12. As she fights to survive, Katniss faces deadly challenges and impossible choices that test how far she is willing to go to protect the people she loves.

by Layla Creasy

Finish The Story

By Kendal Giard

All of my _____ (Noun) I've wanted a _____ (animal) to _____ (verb) with _____ (person) and I were hungry so we _____ (verb) to _____ (name) in the _____ (place) A _____ (animal) pizzeria. When we got there we ordered a _____ (size) _____ (type of pizza) it was delicious. When I took my first bite a big _____ (pizza topping) pull occured. It was the _____ (adjective) I've ever had.

_____ (person) and _____ (person) are going to make a sandwich. First they spread on _____ (food) then they add on _____ (food) And some _____ (noun) and _____ (noun) their sandwiches are _____ (adjective)!

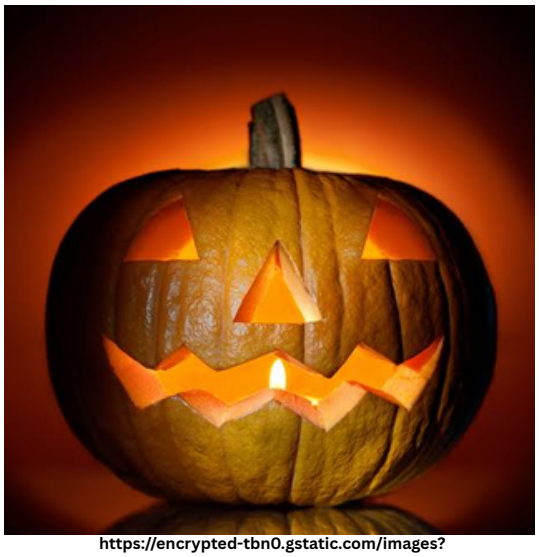
Baking a cake is so easy! All you need is one cup of _____ (food), a tablespoon of _____ (adjective) _____ (food) a sprinkle of _____ (noun) and a teaspoon of _____ (food) lastly, bake it in the _____ (noun) for _____ (number) minutes.

The History Behind Jack-o'-Lanterns

Made By Joe Carrier



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Every October, porches light up with the glowing, toothy grins of jack-o'-lanterns. While carving pumpkins is a staple of modern Halloween fun, the tradition actually began centuries ago across the Atlantic Ocean, rooted in Irish folklore, a clever trickster, and a giant turnip.

The story starts with an Irish myth about a man named Stingy Jack. According to legend, Jack was a master manipulator who managed to trick the Devil multiple times. In one popular tale, Jack convinced the Devil to turn into a coin to pay for their drinks, only to stick the coin in his pocket next to a silver cross, trapping the Devil until he promised not to take Jack's soul.

When Jack eventually died, his soul faced a massive problem. Heaven did not want a deceptive trickster, and the Devil, keeping his promise, refused to let him into Hell. Instead, Jack was condemned to wander the earth in eternal darkness. To help him see, the Devil tossed Jack a single burning coal from the fires of Hell. Jack hollowed out his favourite vegetable, a turnip, placed the coal inside, and began his endless roaming. Locals began referring to this ghostly figure as Jack of the Lantern, which eventually became jack-o'-lantern.

To keep this wandering spirit away from their homes, people in Ireland and Scotland began carving their own scary faces into turnips, beets, and potatoes. During the Celtic festival of Samhain, which marked the end of the harvest season, residents placed these glowing root vegetables near doors and windows to frighten away Stingy Jack and any other malicious spirits.

The tradition underwent a major upgrade in the 1840s. When millions of Irish immigrants moved to North America to escape the Great Potato Famine, they brought their autumn customs with them. Once they arrived, they discovered a native fruit that changed the tradition forever: the pumpkin. Immigrants found that pumpkins were much larger, softer, and significantly easier to carve than hard turnips.

The next time you scoop out pumpkin guts and design a spooky face, remember that you are keeping a centuries-old Irish tradition alive and keeping Stingy Jack away from your front door.