



FAMILY SCHOOL LIAISON PROGRAM (FSL)

The **Family School Liaison Program (FSL)** is committed to helping students be successful in school by providing skills-focused short-term counselling services.

- the program provides 8-12 sessions with a student and their family.
- The FSL program can provide individual and/or family counseling (skills and strategies), presentations, crisis intervention, resources, and referrals.

With Consent

FSL Workers will work with the students and/or families who agree to receive services. The individual's guardian must provide written authorized consent.

In Confidence

All information disclosed during sessions will be confidential. Specific information will be provided outside of the family only when written authorization has been provided by a parent or guardian, except when the FSL Worker is legally required to report, or for the purposes of programming when it is deemed to be in the best interest of the child/youth.

There is **no fee** for this service. Funding for this program is provided, in part, through the County of Vermilion River and the Town of Vermilion FCSS.

School Success

FSL Workers are directly involved with students and their parents in the following areas:

Homework	Study Skills
Motivation / Focus	Relaxation
Organization	Performance Anxiety
Problem-Solving	

Social Issues

The FSL Program provides crisis intervention to students and/or their families. FSL Workers address issues with students and/or families that could include:

Anger Management	Peer Relationships
Anxiety	Self Esteem
Stress Management	Parenting
Bullying Issues	Life Skills
Emotion Recognition	Grief and Loss
Relationships	Friendship Skills

Advocates

FSL Workers will support families and/or students to advocate for their needs.

FSL Resources

The FSL Worker can direct parents to resources in the community



Hello Students and Families!

I am the Family School Liaison Worker for Blessed Sacrament School and Blessed Sacrament Outreach. I am excited to be a part of the ECCS community.

About Me:

I graduated from the University of Alberta in 2019 with a science degree in Psychology. Since then, I have worked in schools and promoted mental health to staff and students. I am a Blessed Sacrament graduate and I am happy to be back.

In my free time, you can find me walking my dogs or by the lake. I love action-packed movies and could always go for a scoop of ice cream.

I look forward to building relationships with you and the school community.

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Family School Liaison
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